



Weeknight Tacos

SIMPLE RECIPE

Ingredients

- 1 white onion, chopped
- 2 garlic cloves, minced
- 1 red or yellow bell pepper, chopped
- 1 pound ground beef or protein of choice
- 1 T chili powder
- 1 T cumin
- 1 T oregano
- 1 t paprika
- salt and pepper to taste
- handful of Micro Onion, chopped if preferred
- Taco shells of your choice



Directions

Step 1:

Sauté onion and garlic until translucent. Add in bell pepper and sauté until soft, 5 - 6 more minutes.

Step 2:

Add beef or other protein and spices, mix together, and cook all the way through.

Step 3:

Assemble tacos. Top with a heap of Micro Onion. Enjoy!

