



# Summer Fruit Salad

SIMPLE RECIPE

## Ingredients

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- Watermelon
- Cantaloupe
- Blueberries
- Strawberries
- Peaches
- Walnuts, pecans, or any nuts of choice. Leave the nuts out for allergies.
- 1 large heap of Rainbow Mix Microgreens

### For the Dressing:

- 1 lemon, juiced
- 1 Tbsp honey
- 1 Tsp salt & pepper to taste

**\*\*tip:** add or replace any summer fruit of your choice. Ratio up to your preference but we recommend keeping them even for a perfect bite!

## Directions

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### Step 1:

Chop all fruit into bite-sized pieces.

### Step 2:

Whisk dressing ingredients together. Mix fruit, nuts, and dressing in a large bowl. Top with a heap of Rainbow Mix from Homegrown Health Farms & ENJOY!

