



# Easy Taco Tuesday

SIMPLE RECIPE

## Ingredients

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- 1 onion, chopped
- 2 minced garlic cloves
- 1 bell pepper, chopped
- 1 pound ground beef, chicken, or tofu
- 1 tbsp chili powder
- 1 tbsp cumin
- 1 tbsp paprika
- 1 can refried beans
- 1/4 cup of micro radish
- Taco shells of your choice!

**\*\*tip:** Use the avocado dressing you made for the [beet burger](#). It is delicious on tacos too!



## Directions

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### Step 1:

Sauté onion and garlic until translucent. Add in bell peppers and sauté until soft.

### Step 2:

Add your ground beef or other protein and spices, mix together well, and cook until the protein is cooked all the way through.

### Step 3:

Assemble your tacos with veggies, beans, and protein. Top with a heap of spicy micro radish and enjoy!

